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RESPONDING TO ADOLESCENT SUBSTANCE ABUSE NOTETAKING GUIDE

In recent years, breakthrough research has examined how alcohol, tobacco and other drugs affect the developing adolescent brain. This research offers critical insights into the reasons youth use these substances, the behavioral and physical symptoms of use and abuse, and the short- and long-term consequences of use.

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Reasons Adolescents Use Drugs

- To fit in
- To experience new sensations
- To self-medicate
- To feel grown up
- To rebel